



Induction Training Programme

Tips for Workshop 8
Managing the Learning in
Online Environments



PIGOO
Bank

A Family Learning Model to
Promote Financial Literacy

Tip!

1. Help students 'own' their learning

Sometimes learning can be something that gets misrepresented as something taught only to learners, or around learners. This creates a false sense that learners are passively drifting through the process and have no impact on their own learning. It's important learners to know that it's their learning, they own it and they impact it.

No one expects parents to be experts in online content. However, that shouldn't prevent you from providing support and encouragement to your children and you can expect your children to do their part.

Struggling is allowed and encouraged! Don't help too much. Becoming independent takes lots of practice. However, you can encourage and help them to find their own way.

 **Tip!**

2. Establish times for quiet and reflection

It's good to be able gather all the information we need from internet however it is also important to get your kids thinking and reflecting about what they've learnt and their own individual thinking. Help them think deeper, about whatever it is they are learning. Any subject, any topic, they should be able to question it.

For families with children of different ages and parents who may also be unexpectedly working from home more often, it's good to build in some time for peace and quiet. Siblings may need to work in different rooms to avoid distraction. Many families will need to negotiate access to devices, priorities for wi-fi bandwidth and schedules throughout the day.

Establish one day a week for independent, low-stress learning and reflection. Also, don't forget that reading is fundamental.

Tip!

3. Encourage physical activity and exercise

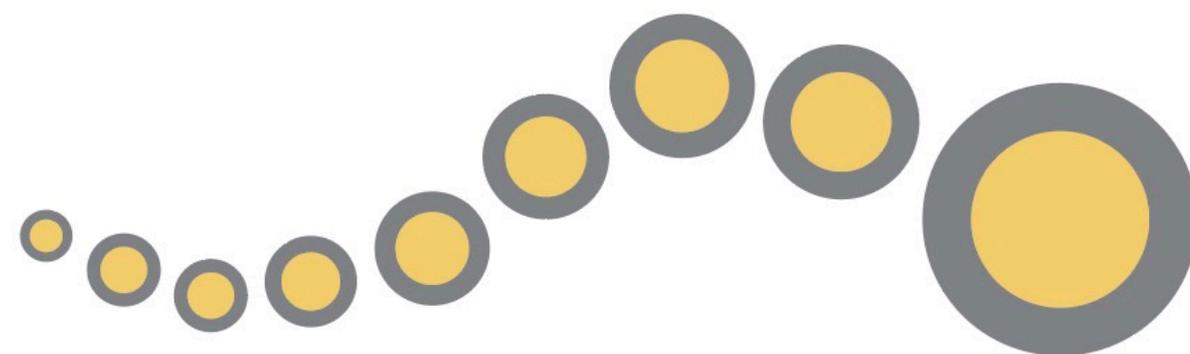
In recent times, a sedentary lifestyle is easy to fall into, as office jobs and working from home is becoming more common, it is important to save room to let off steam.

Moving, independently and together as a family, is vital to health, wellbeing and readiness for learning. It's a great opportunity to exercise 'alone but together' with digital workouts and online instructors. Set new fitness goals and plan hands-on, life-ready activities that keep hands busy, feet moving and minds engaged.

You may want to think about how your children can pitch in more around the house with chores or other responsibilities. Think about increasing personal responsibility and pitching in.

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